

the ENCHIRIDION 2023



Dragon
Trail MTB

Acknowledgement of Country

The Dragon Trail mountain bike event will be held on *lutruwita* (Tasmania) Aboriginal land. We acknowledge, with deep respect the traditional owners of the land we will be traveling on, the *palawa* people.

The *palawa* people belong to the oldest continuing culture in the world. They cared and protected Country for thousands of years. They knew this land, they lived on the land and they died on these lands. We honour them.

Through the Dragon Trail event we pay our respects to elders past and present and to the many Aboriginal people that did not make elder status and to the Tasmanian Aboriginal community that continue to care for Country.

We acknowledge that it is a privilege to stand on Country and walk in the footsteps, or ride along trails, of those before us. Along the river banks, among the ferns and seas that continue to run through the veins of the Tasmanian Aboriginal community.

We recognise a history of truth which acknowledges the impacts of invasion and colonisation upon Aboriginal people resulting in the forcible removal from their lands.

Our Tasmania Island is deeply unique, with spectacular landscapes and with our cities and towns surrounded by bushland, wilderness, mountain ranges and beaches.

We stand for a future that profoundly respects and acknowledges Aboriginal perspectives, culture, language and history. We support the continued effort to fight for Aboriginal justice and rights paving the way for a strong future.



Photo: Kristina Vackova – Flow Mountain Bike

Contents

Acknowledgement of Country	2
Welcome	4
Messages	4
Trail of the Tin Dragon	5
Course Map.	6
Day 1	8
Day 2	10
Day 3	12
Racing Info	14
Registration & Briefing	14
Mandatory Gear.	14
Daily Start Times	14
Course Specifics	14
Timing, GPS Tracking and Live Coverage.	15
Transfer Stages	15
Aid Stations & Food.	15
Results & Presentations.	15
Entertainment, Food & Drinks	16
Social Hub.	16
Tin Bar.	17
Gears & Gear	18
Event Transfers	18
Bags & Bikes	18
Mechanical	19
Camping Equipment Package	19
Keepin' it Clean	19
Finish Line Bag	19
Getting Around	20
Campsites	22
Camp Food	22
Charge me Up!	22
Campers & Motorhomes	22
Medical	24
Trail Maintenance Donation.	24
Minimum Waste.	24
Showers	24
Phone Coverage.	24
Program	26

Messages

Welcome to the highly-anticipated third instalment of Dragon Trail, the ultimate mountain biking trilogy! We eagerly await the arrival of all the riders who have signed up and hope that your preparations are in full swing. The Dragon Trail team has been tirelessly working throughout the year to create an unforgettable experience for everyone, and we can't wait for the start date. The trails are primed and ready for you, running in pristine condition through the breathtaking Tasmanian Wilderness.

We extend an extra special welcome to our international riders who have been eagerly awaiting this event for three years. For you, and any new riders, we promise it is worth the trip to this special part of the world.

Once you arrive, we encourage you to fully immerse yourself in the experience and connect with like-minded individuals. While the hills and long days in the saddle may seem daunting, the experience and rewards are undoubtedly worth it.

Take a moment to peruse the program and enjoy. And remember, getting to the starting line can often be the most challenging part.



MICK TUCKER
Mayor, Break O'Day Council

Greetings everyone, on behalf of the Break O'Day Community I would like to extend a warm welcome to you all. The entire community is thrilled to host you all for our third official Dragon Trail event, right here in our little slice of heaven.



The St Helens Mountain Bike Trails have been thoughtfully designed to showcase the natural beauty of the region, and we really hope you get to take in this picturesque scenery as you pedal around the network.

At the end of each day, we recommend you take some time to unwind and explore our friendly local businesses, cafes and restaurants who all have something a bit different to offer.

We are honoured to be a partner of this event and to be able to work with the Geocentric team to bring this event to our area, it is a thrilling opportunity for all of us.

On behalf of the Break O'Day community, we extend our best wishes for a safe and enjoyable race.

Trail of the Tin Dragon

The Dragon Trail MTB is named as it loosely follows the driving route known as the Trail of the Tin Dragon.

The Tin Dragon Trail is the story of the Chinese who were lured to the area to mine tin in the 1870s. They were called the Celestial Sojourners because most came for a limited time and never intended to make Australia their home; they were here to make their fortune and then return to China. By 1890 over 1,000 Chinese lived in the state forming the largest migrant group from a non-English speaking background.

The MTB route passes several key areas on the Trail of the Tin Dragon. Starting in the town of Branhholm there is a red bridge across the Ringarooma River painted with Chinese symbols and characters. It marks the scene of a riot that occurred in 1871 between European and Chinese miners. At the time tensions were high as Chinese outnumbered Europeans 10 to 1 and the Europeans were concerned about losing local jobs.

Day 2 starts at Weldborough. During the 19th century, Weldborough had the largest Chinese community on any tin field in Australia. It was a cultural centre for the Chinese miners and they set up a system of village life similar to that in their home land, centered around the community Joss house, the Guan Di Temple. The temple is now on display in Launceston's Queen Victoria Museum.

Weldborough at its peak had 700 Chinese miners who slept 3 shifts to a bed in the pub. Of note, Weldborough also had Tasmania's first casino where Mahjong and Fan-Tan were played.

It is worth taking some time to browse the snippets of history that adorn the walls in the Weldborough Hotel. There is also an interpretive walk across the road winding above an old tin mining site, not far from the finish line.

On Day 2 riders climb up and over the mountain called Blue Tier. Between 1875 and 1996 Blue Tier produced more than 11,000 tonnes of tin. It is hard to imagine, but at one point it was the world's largest open-cut tin mine with hundreds of miners wandering the forests eager to make their fortunes. Where the aid station is on the very top, there was a town called Poimena which had two hotels, a blacksmith, butcher, three stores, and a few residential cottages. It is long gone now and nature has claimed the tier back as her own.

Day 2 finishes at St Helens which is officially the end of the Trail of the Tin Dragon. St Helens was an important port for the miners and also another area that Chinese looked for alluvial tin. The route on Day 3 climbs Flagstaff Hill and follows Cascade creek which has mining relics throughout.

St Helens houses a great history room located at the visitors information centre. This has a detailed display devoted to the Trail of the Tin Dragon. Fittingly, the Dragon Trail MTB Perpetual Trophy will be hosted there between events.

Pictures from: "Tasmania's Chinese Heritage: An Historical Record of Chinese Sites in North East Tasmania" by Helen Vivian


St Helens History Room - Helene Chung's Family Background: Tasmanian Tin Miners, Addicts and Merchants <http://www.ourtasmania.com.au/>



Photo: Margarete Oti

 east coast tasmania



 SCAN ME



Derby

Brankholm

Weldborough

Blue Tier

DAY 2
BAY OF FIRES

Bay of Fires

Binalong Bay

St Helens

DAY 3
ST HELENS DREAMING

Lalla Tier

Dragon
Trail MTB

At the Aid station fuel up and mentally reset before the **final 14km** of single-track. It is a heart-pumping, adrenaline-fueled adventure on the renowned Atlas mountain bike trail. This trail is a true gem for any mountain biker with over kilometers of expertly designed single-track. The trail will take you through an immersive experience, with its variety of technical features, including, berms, rock gardens, drops, and challenging descents, all while you are surrounded by stunning vistas and unspoiled natural beauty.

The fun doesn't stop as you blast for the finish on more Derby Classics including Dam Busters, Howler, Sawtooth, Turbo Chook, Derby Tunnel and Rusty Crusty. Yeow! Head back to Braxholm on a shuttle or riding the link trail.

Day 1

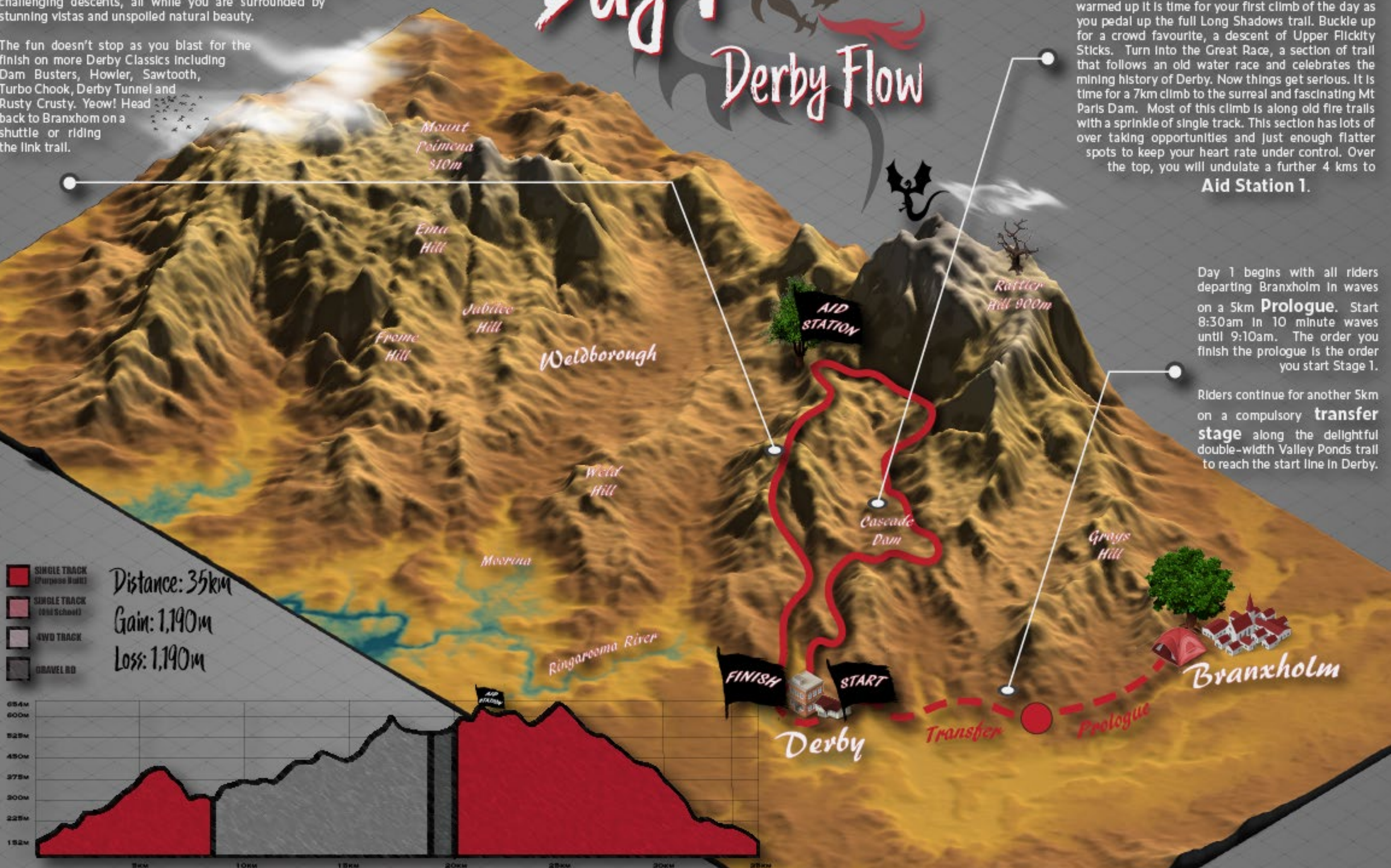
Derby Flow

Setting off on the race proper, the **first 21km** follows some classic Blue Derby trails. Riders start from 09:30-10:30am at 5 second intervals firstly completing a hot lap of Chain Gang to the roar of the spectators. Then into Axehead visiting Derby Icons such as the Twisties and Trout Falls. Once you are warmed up it is time for your first climb of the day as you pedal up the full Long Shadows trail. Buckle up for a crowd favourite, a descent of Upper Flickity Sticks. Turn into the Great Race, a section of trail that follows an old water race and celebrates the mining history of Derby. Now things get serious. It is time for a 7km climb to the surreal and fascinating Mt Paris Dam. Most of this climb is along old fire trails with a sprinkle of single track. This section has lots of overtaking opportunities and just enough flatter spots to keep your heart rate under control. Over the top, you will undulate a further 4 kms to

Aid Station 1.

Day 1 begins with all riders departing Braxholm in waves on a 5km **Prologue**. Start 8:30am in 10 minute waves until 9:10am. The order you finish the prologue is the order you start Stage 1.

Riders continue for another 5km on a compulsory **transfer stage** along the delightful double-width Valley Ponds trail to reach the start line in Derby.



This is the longest and biggest day of the Dragon Trail, an epic 58km wilderness stage that has something for everyone. Your journey starts from the Weldborough Hotel at 10-second intervals (based on your finish time from the previous day - fastest riders first to reduce congestion).

This **first 17km** section begins with a short gravel road taking you to the perfect good morning trail - the lovely Little Chook. This cruisy 3km of single track passes through spectacular Myrtle Beech forests and winds its way through a maze of moss-covered mullock heaps from the old tin mining days.

Now it is time to tackle the biggest and toughest ascent of the entire race, the 400m vertical climb to the top of Blue Tier. This daunting route has been a classic amongst the old school riding fraternity and featured prominently in the pre-machine built trail era of mountain biking in the region, admittedly, more often ridden in the opposite direction. It is an adventure and one not to be undertaken lightly.

The first half of the climb is scenic through some beautiful myrtle forest along the old and bumpy 4wd trail Emu Flat Road. A high point at 580m, catch your breath and hold tight down a short and rough trail to a flatter area used by prospectors.

The second half of the Blue Tier Ascent is firmly in adventure territory and all riders will likely be on and off their bikes through the technical terrain. The ascent to the sub-alpine summit of "The Tier" begins up 3.5km of steep and rugged 4wd trail including large boulder gardens to navigate. The next 4km of this section is less steep but features narrow and rocky single track and multiple crossings of crystal clear alpine streams. The final few kilometers take you to the old mining town of Poimena at 570m the much-earned **Aid Station 1.**

Once recovered, you return to a more modern groomed single track and follow the stunning Bay of Fires trail to the coast. The **middle 19km** to the second Aid Station and has two has three distinct sections.

Save some energy because the first 13kms is one of the best flow descents in the world. It begins with a 2 km traverse and has views down to the coast and to St Helens, where the camp is for the end of the day. The next 6km sees 400m of altitude loss down a fast flow trail ducking majestic myrtle trees and rolling around huge tree ferns. A short climb through Giant Ash trees leads you into the final 5kms of speedy descent, a perfect flow trail if ever there was one built.

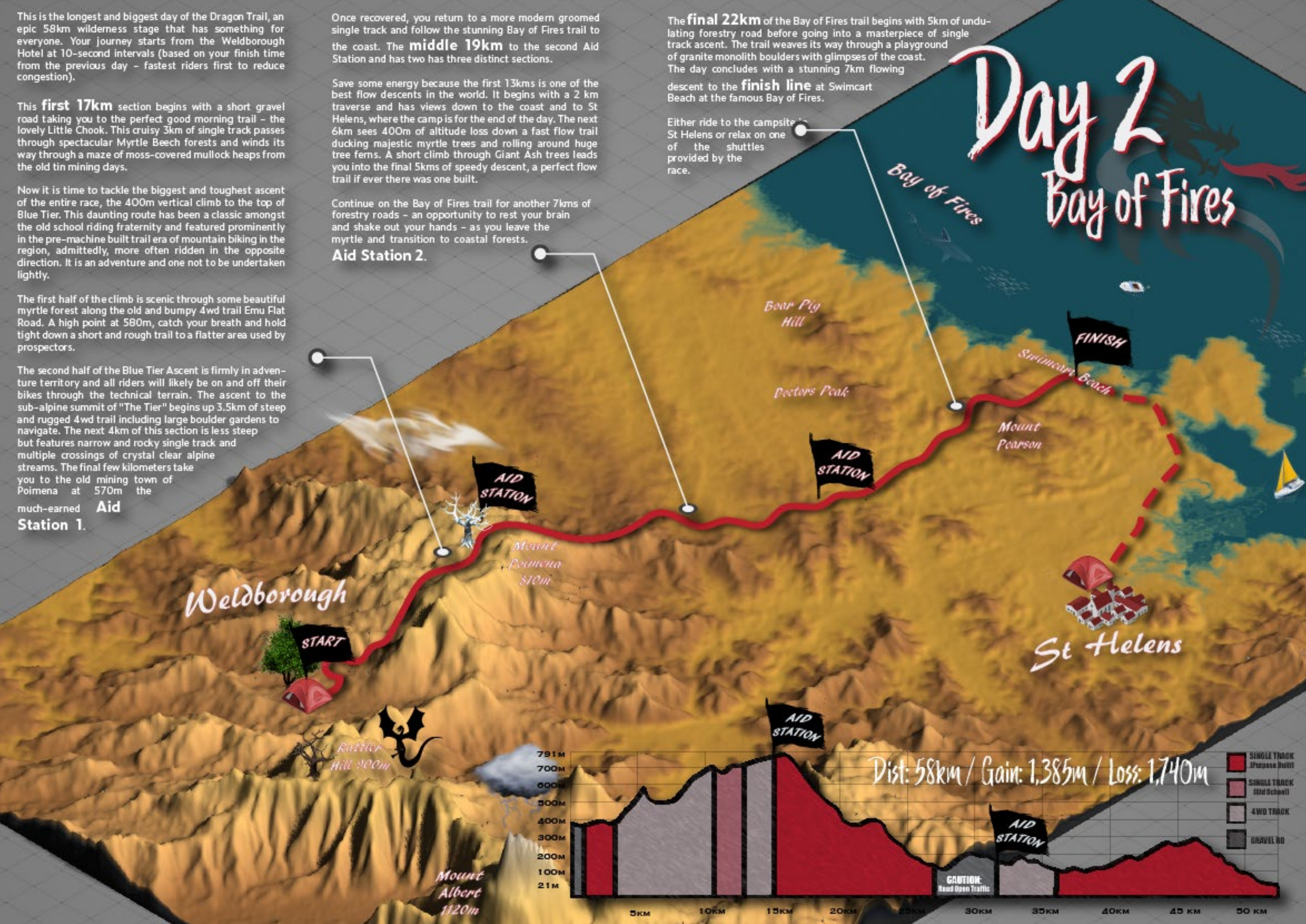
Continue on the Bay of Fires trail for another 7kms of forestry roads - an opportunity to rest your brain and shake out your hands - as you leave the myrtle and transition to coastal forests. **Aid Station 2.**

The **final 22km** of the Bay of Fires trail begins with 5km of undulating forestry road before going into a masterpiece of single track ascent. The trail weaves its way through a playground of granite monolith boulders with glimpses of the coast. The day concludes with a stunning 7km flowing descent to the **finish line** at Swincart Beach at the famous Bay of Fires.

Either ride to the campsite at St Helens or relax on one of the shuttles provided by the race.

Day 2

Bay of Fires



To reach the **start line** at the St Helens Trailhead, all riders complete a compulsory non-timed 4km transfer stage up the cruisy Townlink Trail.

The racing part of Day 3 is 45km, predominately following the Dreaming Pools wilderness trail. The **first 13km** climbs through open eucalypt forests traversing the side of Flagstaff hill, following Rock Lobster, Wedged In and Garnup trails.

Aid Station 1.

Now onto the newly opened Dreaming Pools Trail for the **middle 17km** of day 3. It starts with a descent of about 2km before a climb to the highest point of Day 3 at 418m. Strap In for the next 5km of down, a bit of undulation, and more down into Constable Creek and past the Dreaming Pools themselves. The single track is relentless right through to **Aid Station 2.**



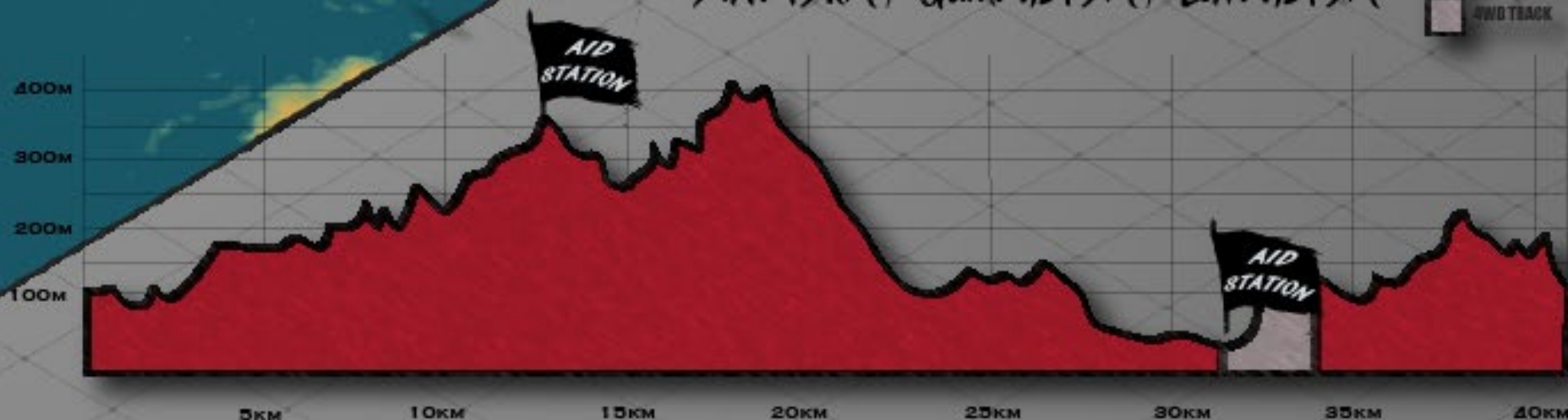
Day 3

St Helens Dreaming

You get a breather on a short section of fire trail as you begin the **final 15km** of the entire race. Soon enough it is back to single track and a short climb up the flank of Flagstaff Hill. A rolling descent down Wedged In, Rock Lobster and to the **finish** at St Helens Trailhead

Dist: 45km / Gain: 1,375m / Loss: 1,375m

SINGLE TRACK (Parade Hill)
 4WD TRACK



Registration & Briefing

The Race Brief is compulsory for every rider to watch and is released on the event social media pages before the race. Race Registration is at Branhholm Oval and open at the following times:

- Wednesday 4:00pm – 9pm
- Thursday 7am to 7:30am

Mandatory Gear

You must carry items of mandatory gear in the Dragon Trail event. Many of the trails you are riding are remote and adventurous. In particular Day 2 has an alpine section, Blue Tier, where can be windy and cold. It has even been known to snow up there in summer! The following items are mandatory and the minimum requirement. You will need to make your own decision on additional items:

- Tracker & Timing Chip (provided by organisers)
- Emergency foil blanket/ space blanket
- Triangular bandage & 2 x crepe bandages (suitable for snake bite) & adhesive dressing
- Medical gloves
- Bike repair kit (at minimum a tube, pump/ inflation, multi tool and chain link)
- Mobile phone – all carriers have intermittent coverage

In inclement weather, organisers may mandate riders also carry:

- Jacket and/or thermal top

Daily Start Times

This race is packed with mind-blowing single track, and some out of this world's best flow descents. To maximise your enjoyment and to minimise potential bottlenecks and tricky overtaking, riders will begin each stage either at an interval or in small bunches. Fastest riders set off first on each stage so the field spreads out.

Prologue/ Day 1. Begins with a 5km Prologue starting at Branhholm and setting off in six self selected waves spaced between 8:30am – 9:00am*. Your finish order for the prologue determines your starting order for Stage 1. Riders will set off on Stage 1 from Derby at 5 second intervals, fastest rider first and slowest last. First start time is 9:30am and last rider by approx 10:00am.

*Wave 1 women will have their own start after wave 1 men.

Day 2. Begin in waves of 20 riders starting at 8:30am, based on your overall race time from day 1 (General Classification). Fastest 20 riders start in the first group, then 3 mins later the next group of 20 starts, and so on until the last wave departs at approx 9:00am. Check your overall time the evening prior at race admin or on the event social media channels so you know your starting group. Don't forget to collect your daily position sticker and attach to your bike plate – this is what race marshals will be checking on the start line.

Day 3. Begin in waves of 20 riders starting at 9:30am, based on your overall race time from day 1 + day 2 times (General Classification). Fastest 20 riders start in the first group, and last wave estimated departure approx 10:00am

Course Specifics

DISMOUNT TO CROSS – There are road crossings signposted which are compulsory for riders to STOP, dismount, GIVE WAY, then cross when it is safe to do so. No roads are closed during this event.

SANITISING STATIONS – There is a compulsory bike and footwear wash down station on day 2 to prevent the spread of Phytophthora (root rot), a serious plant pathogen. Follow directions from officials.



Timing, GPS Tracking and Live Coverage

Each rider must carry a GPS tracker with RFID timing chip (approximate size large matchbox). This device must be attached to your bike for each stage. Trackers/Chips are collected at Branhholm just prior to the start of the prologue. There will be tape available at the collection point. The tracker/ chip are inside a waterproof bag and must stay on your bike for the duration of the race and returned at finish of Stage 3. If you withdraw prior to this please hand in your tracker to race officials (or it is a \$330 lost fee).

Your family and friends will be able to follow you live through each stage at <https://live.trackmelive.com.au/DragonTrail2023/>



Transfer Stages

Day 1 – After completing the racing prologue, there is a COMPULSORY Transfer stage, continue along the Branhholm Link / Valley Ponds trail. It is a gentle, mainly downhill, 5km route to Derby. Allow 20 min. Note the trail crosses the highway at one point, and follows it for 200m as you enter Derby. No roads are closed. You MUST follow road rules at all times as well as making sure you are traveling in groups of less than 10.

Day 2 – Once you have arrived at the finish line at Swim Cart beach, you can optionally make your own way cycling back into St Helens (16km – follow road rules and ride safely!) or catch a free event shuttle which is on a loop dropping riders back to town or the campsite.

Day 3 – From the Campsite, it is a 4km flat scenic roll to the start of the compulsory transfer stage. Leave camp and head East towards town. As you then ride South through town, ensure you stay left and ride onto the cycle / pedestrian bridge (DO NOT follow main road – it is narrow, highly trafficked and horrible for cyclists). Continue on the off road cycle / pedestrian path along the edge of the Bay to access Townlink trail. Note – you need to cross the highway carefully to access Townlink. Again, no roads are closed, you must follow road rules and ride in groups of less than 10.

The COMPULSORY Transfer Stage starts at the junction of the Tasman Hwy and St Helens Point Road and the beginning of the Townlink Trail. Officials will check you onto this transfer stage. Riding this route keeps things fair and reduces congestion at the trail head. Townlink is a 3.8km shared MTB and pedestrian trail. You gain 118m of elevation.

Aid Stations & Food

There are ONE or TWO Aid Stations on the course each day. At each of station you will find a selection of fruit and a water filling station. Most Aid Stations will also have a **Mobile Mechanic** and **First Aid** support. There will also be fruit available at the finish lines.

Results & Presentations

Placings. Your placing is calculated on your cumulative race time, being the sum of each day's stage time (excluding prologue and transfer stages). Results are published for Age categories and overall positions. Age groups follow UCI guidelines.

Presentations. Overall podium placings for male and female are formally presented at 12:30pm at the finish line at the St Helens Trail-head. This is followed at 5pm by a more relaxed presentation of age categories down at the St Helens Rider Camp (Bendigo Bank Community Stadium), including live music, special awards and random prize draws.



Social Hub

At the end of the day it's time to kick back at the Social Hub. Bring your camp chair and be inspired by a mix of laid back acoustic vibes and mouth watering street food. Our stalls and artists will sate your appetite for everything that isn't on two wheels. Held over two venues, the Social Hub's first incarnation is in Branxholm and makes full use of the sunny oval of the football/ cricket club, set amongst the surrounding gums and pine forest. The Social Hub then moves to the vibrant coastal town of St Helens where the Dragon Trail event culminates. Come and enjoy!

Saree Salter

Saree has a unique voice and is an accomplished songwriter. Chill. Vibes.

Branxholm, Thu from 5pm

Derby Trails and Ales

Join "trail Pete" Colburn for an engaging discussion on Derby trails, where trail building is going and Derby into the future. He may even have a surprise special guest.

Branxholm, Thu from 7pm



Yoga With a focus on stretching, these sessions are free – riders & supporters welcome, BYO towel or mat.

Daily 5:00pm

Daily Round Up

It's a nightcap to the day that was, relive the climbs and descents with a touch of humor, and a little of the unexpected. Daily awards, prizes and any pesky admin for the following day.

Thu & Fri from 7pm

Yuki Ikeda

Mike Blewitt, editor of AMB Magazine talks to professional adventure athlete Yuki who has travelled from Japan to race in Dragon Trail.

St Helens, Fri from 7pm

Borys Extreme Stunts

Join Borys just before presentations for a unique entertainment experience. Jaw dropping stunts with a laugh or three.

St Helens, Sat 4:15pm.

An Eye on the Prize

Join professional endurance sports photographer Murilo Mattos as he shares his journey in building an extraordinary career after a life changing accident.

St Helens, Fri from 7pm

Darren Llyod

Darren is an accomplished Launceston singer/guitarist playing the tunes everybody knows and loves. Music to bring you alive.

Branxholm, Wed from 5pm

Ladies Night

A relaxed discussion with some influential women of mountain biking. Share their experiences, insights, and perspectives of racing and life.

Branxholm, Thu from 7pm

Tasmania Organic Coffee Co.

Roast a beautiful selection of shade grown permaculture coffees imported directly from small farmer cooperatives in Nepal and Sumatra. 100% solar powered, carbon neutral, zero waste, with home compostable packaging.

Daily from 7am

Little Rivers Brewery

Little Rivers Brewing Co. is a craft beer brewery based in Scottsdale, Tasmania who specialize in creating small-batch, handcrafted beers that showcase the unique flavors and ingredients of Tasmania

Tin Bar, daily

Todd Sarich

Todd is an acoustic Soloist specialising in all the 'pub favourites' you want to hear.

St Helens, Fri from 5pm

Manchild Brewing

Their creative and experimental approach to brewing has gained them a reputation as one of Tasmania's most exciting new breweries.

Tin Bar, daily

Tin Bar

If you love a craft beer, or even a cider, then meet us at the Tin Bar! Located at the Social Hub, this licensed bar is where you can find a carefully cultivated selection of beer, wine, cider and more. Local suppliers such as Iron House Brewery Willie Smith will treat your palette with their brews. The Tin Bar takes its name from the rich tin mining history of the region.

Open daily Branxholm, St Helens 3pm to 9pm



Willie Smiths Cider

It all starts with the cleanest air, the best soil, and the purest water on earth. Combine this with 4 generations of growing apples the right way.

Tin Bar, daily

St Helens Marine Rescue

Famous for their community BBQs this group of dedicated volunteers are raising money for the St Helens Marine Rescue.

St Helens Trailhead, Sat

Wheel & Spoke Stage

Backdrop sculptured by artist, environmentalist and passionate wombat carer, Addy from Recycle Artz.

Pizzirani's Bambino

Pasta and Italian snacks and desserts – perfect to fuel your ride.

Branxholm & St Helens



The Athenaeum

Come and relax in the sanctuary of Athena at Athens, built by the Roman emperor Hadrian, and frequented by poets and scholars.



Photo: Murilo Mattos



Photo: Kristina Vackova – Flow Mountain Bike



Photo: Kristina Vackova – Flow Mountain Bike

Event Transfers



Airport Transfers – We want to make your trip as easy as possible and have a number of transfers between Launceston Airport and the race. Yes – we can collect you, your bike and your luggage from the airport and transfer you to the race. Transfers will be on buses, and mountain bikes will be transported in trucks (packed in your bike box or bike bag). Timings and costs are on the website.

Race Transfers – In a change from previous years, we only have 2 camps. One in Branhholm and one in St Helens. This means you need to get transported to the start of Day 2 which is a 30 min drive away. You can either book a transfer with the race on your entry form or drive your car to Weldborough and park it there for the day. If you've parked your car, you then have the option to book a separate shuttle which will take you from the end of the race back to the start. Again this can be booked on your entry. Shuttles to the start line leave Branhholm Oval at 0730 for the front groups and 0745 for everyone else.

Bags & Bikes

Personal Bag – Each rider will have 1 personal bag moved between each of the Race Camps. These bags must be handed into the Camp Manager prior to departing for the start line. Bags must be no bigger than your normal sized large duffel bag or suitcase and weigh no more than 30kgs. All your personal equipment you aren't riding the stage with, including any food you are bringing, your sleeping mats/bags, bike spares and your camping tents (if you are BYO tent) must be stowed inside the bag for transport. If you have selected the De-luxe Camping Option, your tent/chair/light/mat does NOT need to fit inside your personal bag. All care will be taken with the transport of the bags but note they will likely be stacked on top of each other during transport moves.

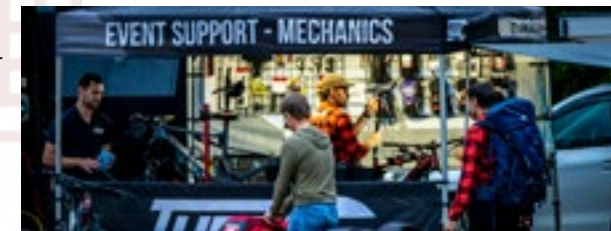
Excess Bags – For those catching airport transfers, your excess gear including your bike boxes/bike bags will be transported directly from Camp 1 to Camp 2 on a different logistical move. Give them to the Camp Manager at Camp 1 and they will be moved to a storage area at Camp 2 where you can collect them on your arrival.



The Stables – Each evening (Wed/Thu/Fri/Sat) riders have the option of securing their bikes in "The Stables". These sites are manned through the night by security officials. For additional piece of mind you might want to pack a small bike lock and secure your bike to the racks. . At ALL other times you are responsible for the security of your bike.

Mechanical

Tune Cycles specialise in mobile bike maintenance and repair services, and they are bringing their mechanics & work-shops to the Dragon Trail. The team will be set up at each Rider Camp offering service, repair and bike washes. Their mechanics will also be out on the course at key check points offering emergency support to keep you moving.



Tune Cycles have a range of early bird Service Packs available so you can spend more time socialising at camp and less time worrying about tomorrow. To book any of these packs, log back into your entry, scroll down and make your choice.

Camping Equipment Package



Want the luxury of arriving at a campsite and having your camping equipment set up for you? Simply can't fit all that extra camping gear in your luggage? A tent all to yourself, a camp chair, tent lights, and a foam insulation mat are a part of this package. Tents are a roomy "3 person" size with a floor space of 2.8 x 2.25m. You will still need to bring a sleeping bag and your own air mattress for additional comfort.

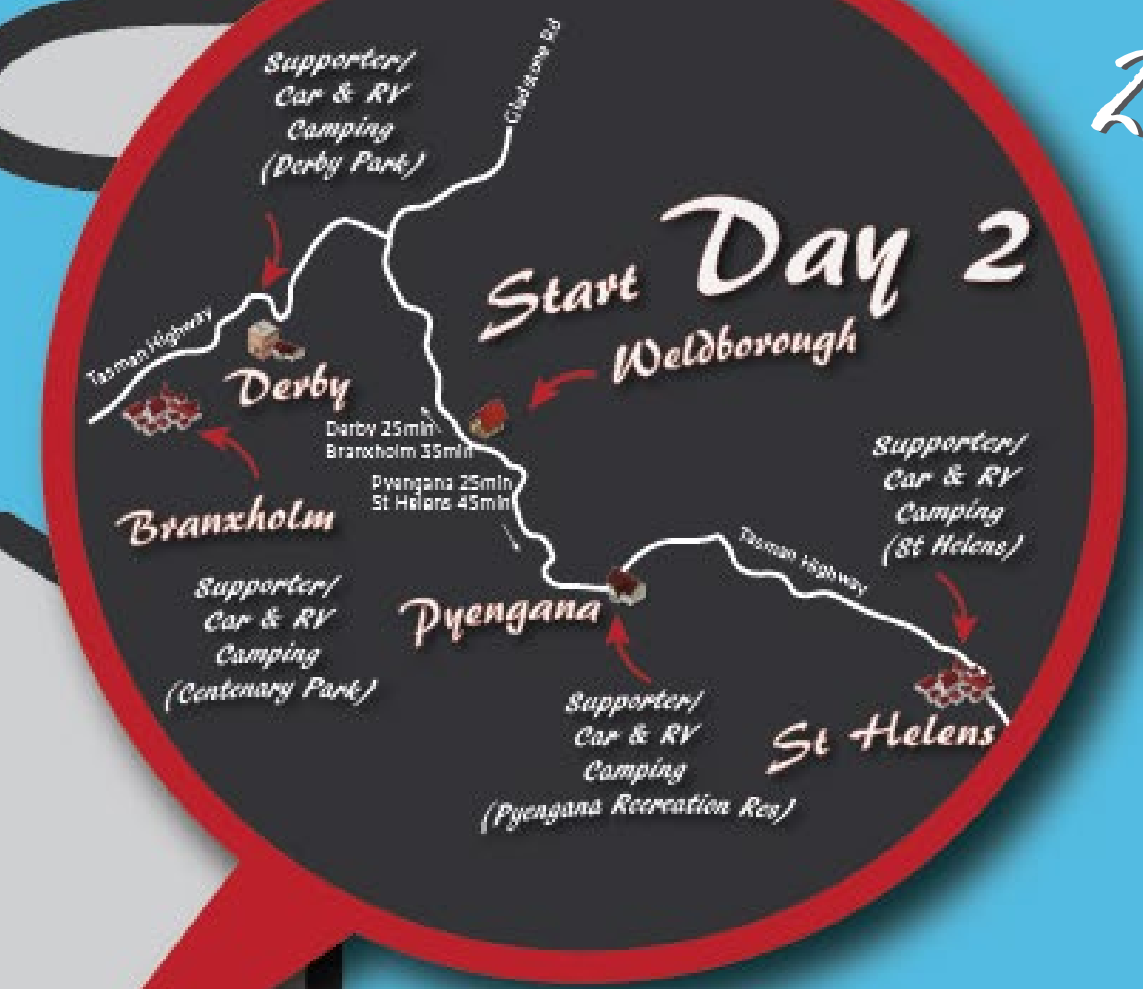
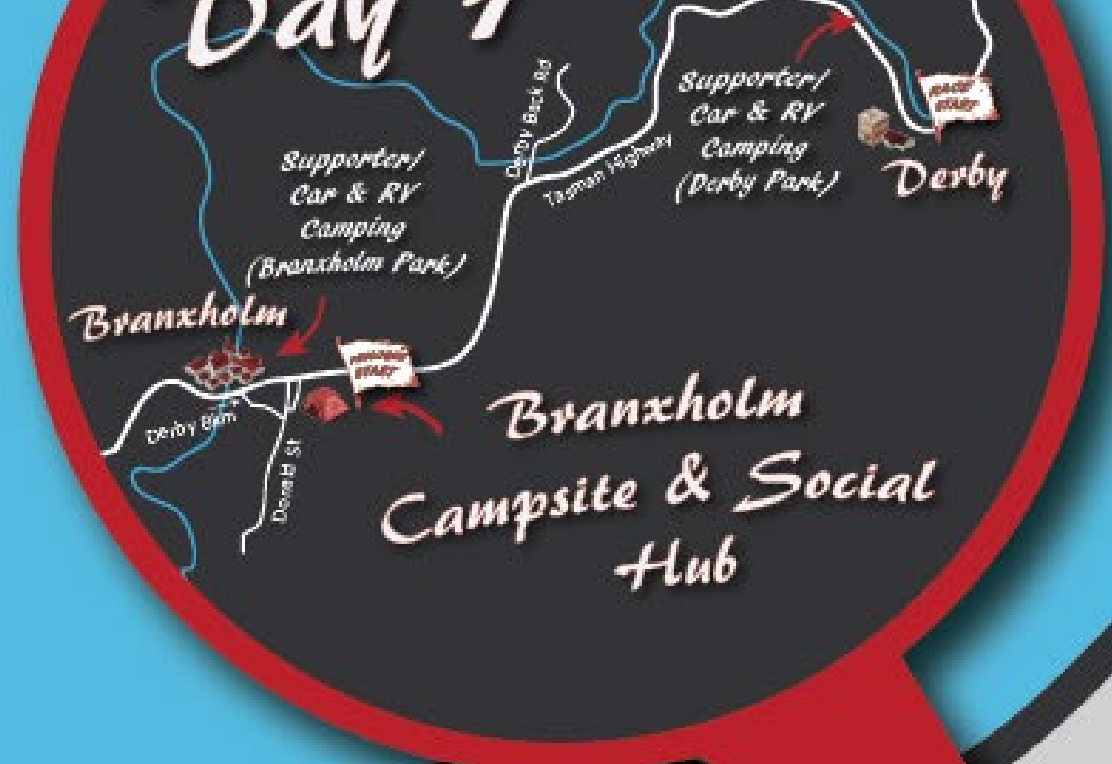
Keepin' it Clean

For those that prize a clean bike above all else, there is a bike wash station and the end of Day 1 in Derby and Branhholm and the end of Day 2&3 in St Helens. Please try to minimise the amount of water used and be courteous to those waiting in line behind you.

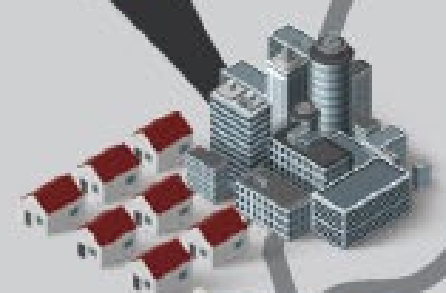
There are no clothes washing options in Branhholm (end of Day 1) and taking them in the shower with you might be your best bet. In St Helens though (end of Day 2&3) there is a laundromat in town with washing machines and dryers.

Finish Line Bag

We know how frustrating it can be to freeze while you wait to start, or desperately need a jumper or change of clothes when you end a stage. Organisers supply each rider a bag at rego, that you can use throughout the race as your finish line bag. Just drop in at the start line in the allocated tub and it will be transported to the finish line ready and waiting for you. We recommend you put in some specific finish line snacks and something dry/warm to wear (inside waterproof bag) until you get to the campsite. Maybe swimmers and towel for the end of Day2. No responsibility is taken for any precious items in your bag.



Devonport



Launceston

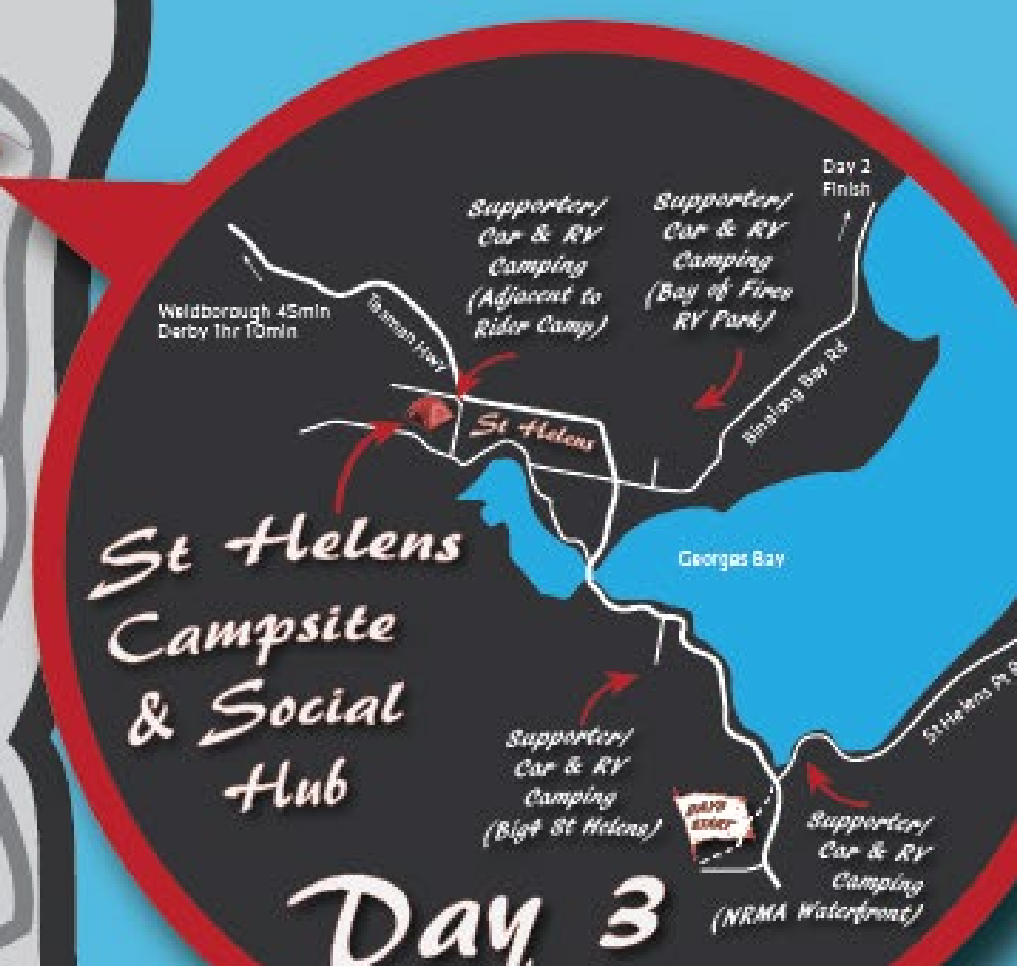


Bransholm

Weldborough

St Helens

To Hobart



Getting Around



Campsites

Photo: Margarete Oti

Camp Food

Campsite Breakfast/ Coffee – Each campsite will have a coffee van for your morning brews! For your breakfast you can either bring your own or purchase locally. In **Branxholm** -> there is a food truck at the campsite. In **St Helens** -> there is also the food truck and various cafe's and bakeries in town conveniently on the way to the day 3 transfer stage/start. The Camp Store also has a range of Radix Nutrition breakfasts available for purchase.

Camp Kitchen There is a camp kitchen available at each site with kettles for hot water and a sink to wash up. The kitchens are basic and have a microwave as well. If you are bringing your own food, don't forget to bring your own plates, bowls and utensils.

Late Lunch / Dinner – At the end of the day each campground will have a food truck. Branxholm and St Helens have a number of restaurants a short ride from the campground. Again, the Camp Store has a range of Radix Nutrition dinners available for purchase.



Charge me Up!

USB charging stations are provided at each of the Rider Camps. Bring your own USB cable and plug in to one of the helmet charging hubs! (be aware there are very few 240v outlets at the campsites)

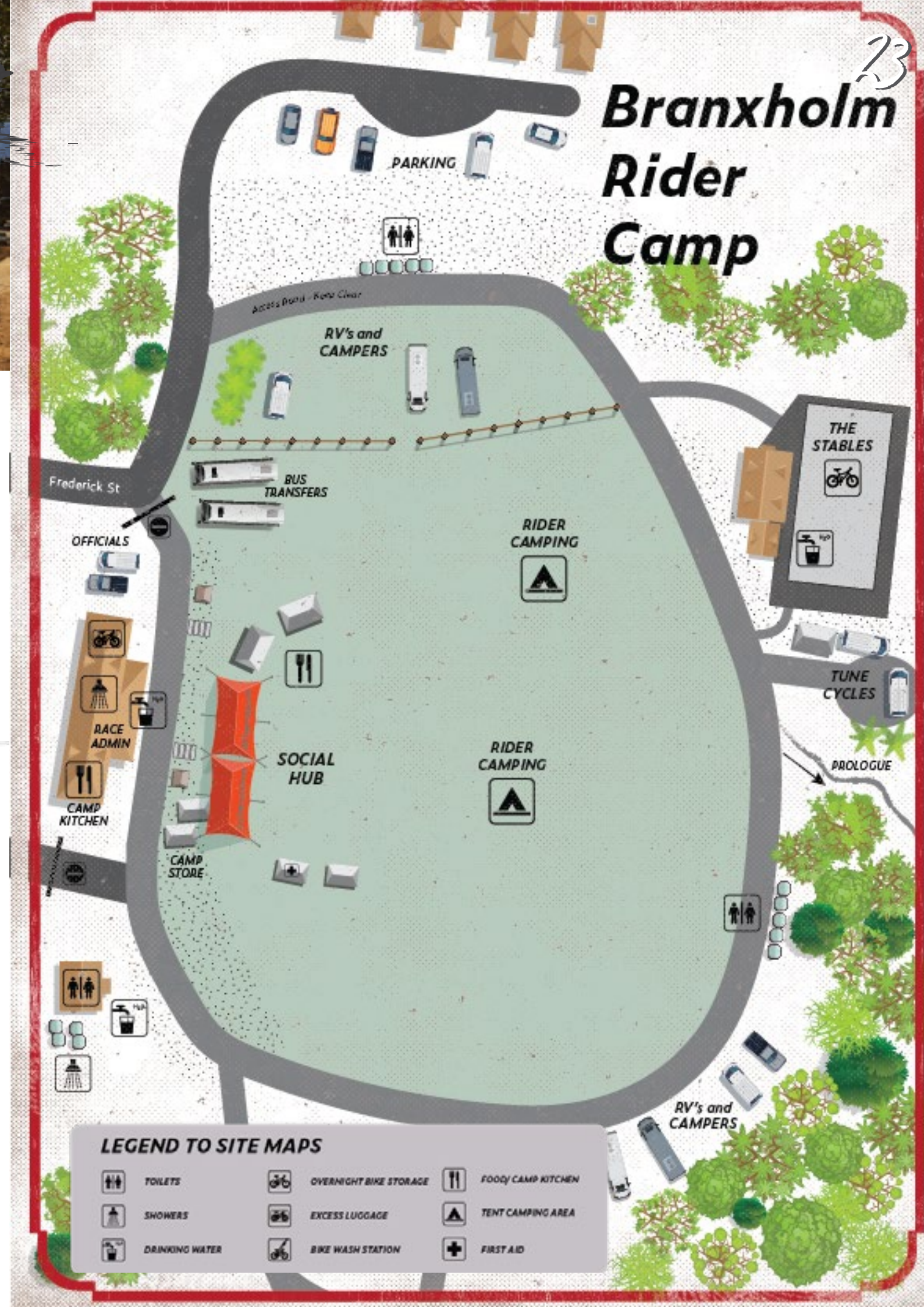


Campers & Motorhomes

Branxholm There is basic free camping on the Branxholm oval for motor homes and campers with toilets and showers available. Alternately there is camping at Branxholm Park (1km away), or Derby (7km away).

St Helens There is free motor home camping at the St Helens Stadium and Rider Camp with toilets and showers available. Alternately there are a number of Holiday and RV parks in town with more facilities.

*NOTE: No generators are to be used at campsites.



24 Campsites

Medical

ProMed- There is a LOT of single track in this race, some incredible descents and all in areas a long way from medical help. While we hope no one has a serious accident, if it does happen we are lucky enough to have engaged ProMed to be in charge of medical and emergency response across the course.

ProMed are bringing together a team of paramedics who live at, and love, the trails you are riding on. Let's hope you don't need them out there, but if you do, you will be in good hands. ProMed will also have a first aid tent each evening at the Social Hub if you need assistance.



Trail Maintenance Donation

We are proud to be supporting the upkeep of the fabulous trails by making a significant donation to trail maintenance sections of both the Dorset Council and Break O'Day Council. We love their vision in creating the trails, and their commitment to keep them world class!

Minimum Waste

From the get go, Dragon Trail has planned and been designed to be a Minimal Waste Event. We committed to this ambition and will be doing everything we can. Campsites will normally have a single waste transfer station location and you can separate into Recycling, Food & Organics, Soft Plastics and Landfill. Please assist us by placing your waste in the correct bins – and if you aren't sure just ask one of the friends volunteers. Some other initiatives include changing all lights to LED, solar powered charging stations, paperless registration and reusable signage.



Showers

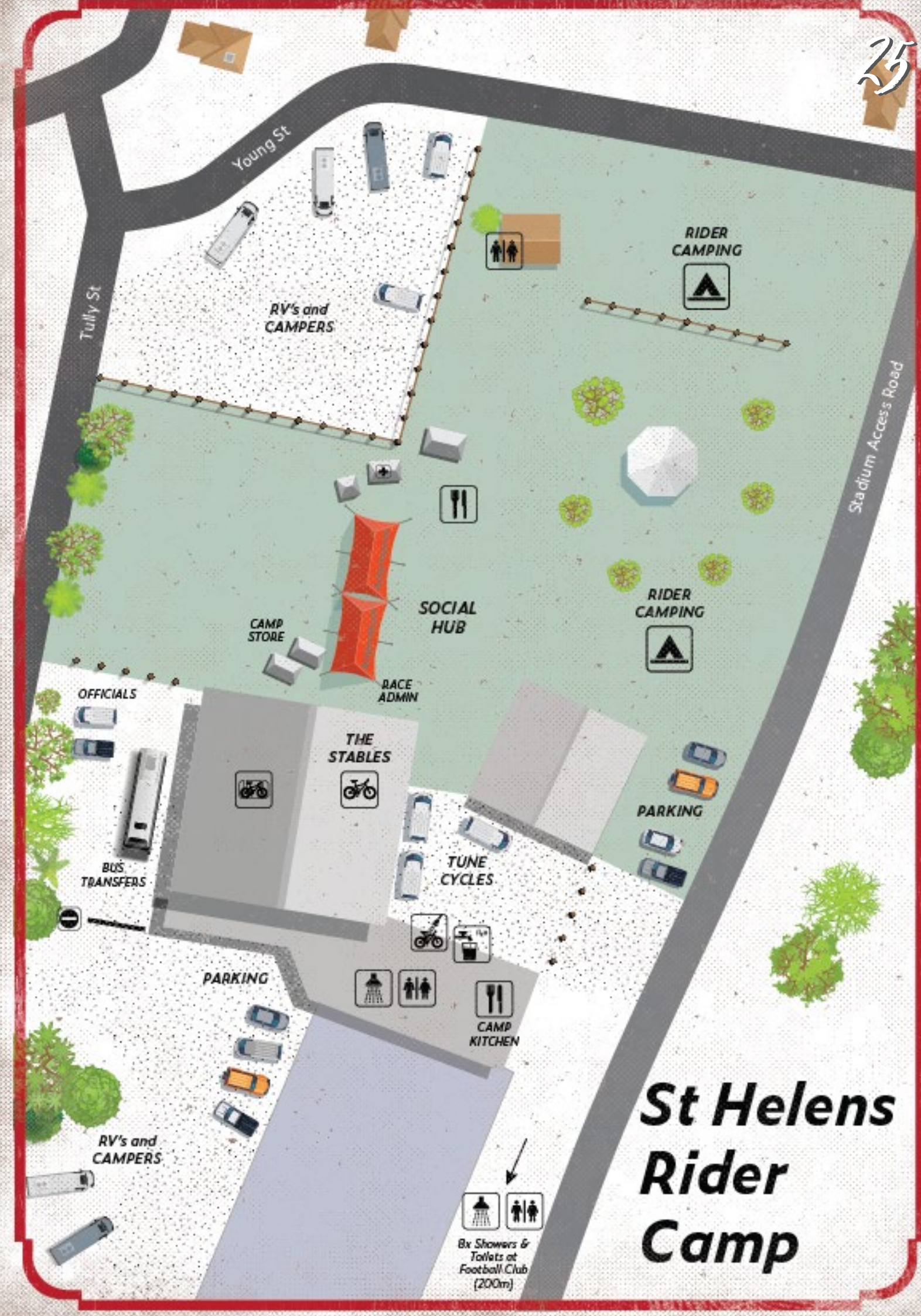
At Branxholm Rider Camp -> there are rustic showers inside the main building, and extra portable showers outside. At the St Helens Rider Camp -> small number inside the stadium, and larger shower block 200m away next to football oval.

Phone Coverage

At Branxholm Rider Camp -> there is a good coverage for Optus, but Telstra has poor reception in some places around the campsite. At the St Helens Rider Camp -> there is good coverage for both Optus and Telstra.



Photo: Margaret O'H



EARLY ARRIVALS (Tuesday)	
1200	Hobart Airport Transfer to Branxholm – departing after the direct NZ flight clears passengers. (ETA 1600)
1600	Branxholm campground opens for early arrivals
1700	Transfer A – Launceston Airport to Camp 1, Branxholm (ETA 1830)
TRANSFERS & REGISTRATION (Wednesday)	
1230	Transfer B – Launceston Airport to Branxholm (Camp 1) ETA 1400
1500 – 2100	Tin Bar Open
1600 – 2100	Camp Store Open/ Registration Open/ Stables Open
1730	Transfer C – Launceston Airport to Branxholm Camp ETA 1830
1930	Race Welcome & Acknowledgement of Country at Social Hub
RACE DAY 1 (Thursday)	
0630 – 0830	Stables Open
0700 – 0800	Late Registration Open at Branxholm Camp
0830 – 0910	Prologue Start – Hand in Finish Line Bag
0930 – 1030	Race Stage 1 Start – Derby
1130 – 1700	Race Stage 1 Finish – Derby
1500 – 2100	Tin Bar Open
1600 – 2100	Camp Store Open/ Stables Open
1900 – 2030	Speakers from 7pm, Daily Awards and Round Up from 8pm.
2030	Official Daily Results available online and starting order / time for following day

RACE DAY 2 (Friday)	
0630 – 0830	Stables Open
0715 – 0745	Hand in all personal bags & camping gear for transportation to Camp 2 in St Helens
0730 – 0745	Pre-booked Transfer leaves Branxholm for Start line day 2 in Weldborough.
0830 – 0900	Race Stage 2 Start – Weldborough – Hand in Finish Line Bag
1130 – 1700	Race Stage 2 Finish – Swimcart Beach – Free Shuttles for Riders to Camp 2 in St Helens.
1700	Transfer – Riders returning to collect cars at Weldborough departing from St Helens Campsite
1500 – 2100	Tin Bar Open
1600 – 2100	Camp Store Open/ Stables Open
1900 – 2030	Speakers from 7pm, Daily Awards and Round Up from 8pm.
2030	Official Daily Results available online and starting order / time for following day
RACE DAY 3 (Saturday)	
0630 – 0830	Stables Open, Hand in Finish Line Bag at St Helens Stadium
0830 – 0930	Transport Ride to Start – note Townlink Trail compulsory for all riders
0930 – 1030	Race Stage 3 Start – Flagstaff Trailhead
1130 – 1700	Race Stage 3 Finish – Flagstaff Trailhead
1230	Presentation Overall Podium Male & Female – Flagstaff Trail Head
1500 – 2100	Tin Bar Open
1600 – 2100	Camp Store Open/ Stables Open
1615	Boris MTB Stunts St Helens Social Hub
1700	Presentation for all categories at St Helens Social Hub

A huge thank you to all the supporters of the Dragon Trail event!!!

Dragon Trail MTB is supported by the Tasmanian Government through Events Tasmania. This project received grant funding from the Australian Government under the Recovery for Regional Tourism program, an initiative of the \$1 billion COVID-19 Relief and Recovery Fund



Disclaimer

Mountain biking can be a dangerous activity and all riders must be aware of the risk of injury associated with this activity. It is your responsibility to decide if you are capable of participating in this event. You are welcome to dismount and walk any parts of the course you are uncertain of. You bike must be in a safe working condition. You must wear a helmet at all times while riding and it is your choice on additional protection to wear.

Event organisers and volunteers will not be liable in any way, or in any circumstances for any damage, injury or loss that may occur during, in connection with, or as a result of mountain biking. You participate in the sport entirely at their own risk and must ride within your own capability.



<https://dragontrail.com.au>

+61 419427243

PO Box 423 | ST HELENS TAS 7216

Copyright Geocentric Pty Ltd. All rights reserved.

facebook.com/geocentricoutdoors



[@dragontrailmtb](https://instagram.com/dragontrailmtb)



info@dragontrail.com.au

